



Child Care Resource & Referral

1001 SW Baseline St., Hillsboro, OR 97123

971.223.6100 fax: 503.648.4175

ccrr@caowash.org

Reflection Paper

Designing Developmentally Appropriate Days

Name: _____

Circle one: Center Child Care
Family Child Care

Address: _____

City: _____

Zip: _____

Phone: _____

Mail completed reflection to:
CCR&R in Washington &
Columbia Counties
Community Action
1001 SW Baseline
Hillsboro, OR 97123

1. The video says that a program should be child centered. Explain.

2. What is age appropriateness?

3. What ways can children express themselves?



Child Care Resource & Referral

1001 SW Baseline St., Hillsboro, OR 97123

971.223.6100 fax: 503.648.4175

ccrr@caowash.org

4. How does a caregiver know the individual needs of each child?

5. An age appropriate environment should:

6. When a child needs the caregiver's attention, the caregiver should:

a. _____

b. _____

c. _____

7. How can caregivers encourage self-control in children?

a. _____

b. _____

c. _____

d. _____

e. _____

f. _____



Child Care Resource & Referral

1001 SW Baseline St., Hillsboro, OR 97123

971.223.6100 fax: 503.648.4175

ccrr@caowash.org

8. Name three age appropriate activities for each age group:

Infants & Toddlers

a) _____

b) _____

c) _____

Preschool

a) _____

b) _____

c) _____

School Age

a) _____

b) _____

c) _____

9. According to the video children's artwork should be displayed where?

10. The video said that if a two year old is capable of using scissors then he should have the opportunity. Explain.



Child Care Resource & Referral

1001 SW Baseline St., Hillsboro, OR 97123

971.223.6100 fax: 503.648.4175

ccrr@caowash.org

Activity Sheet

Designing Developmentally Appropriate Days

Complete this activity and mail a copy along with your reflection.

How does your environment encourage creativity?

Do a creative activity with children.

Activity Title:

Objective (Reason for doing the activity):

Length of the activity:

Number of children:

Ages of children:

How is this activity appropriate for this age?

Materials needed:

What strategies did you use to interact with the children during the activity?

How did the children respond?



Child Care Resource & Referral

1001 SW Baseline St., Hillsboro, OR 97123

971.223.6100 fax: 503.648.4175

ccrr@caowash.org

View & Reflect Evaluation

Overall, how would you rate the content of the video?

☐ Poor ☐ Fair ☐ Good ☐ Excellent

Please rate your experience with this format for learning.

☐ Poor ☐ Fair ☐ Good ☐ Excellent

Please rate the ease of obtaining the video and reflection materials from the library.

☐ Poor ☐ Fair ☐ Good ☐ Excellent

If you needed assistance completing this training, did you call Child Care Resource & Referral for help?

☐ Yes ☐ No

If yes, did you get the assistance that you needed?

☐ Yes ☐ No

Please share any comments you have about this video training.
