



Child Care Resource & Referral

1001 SW Baseline St., Hillsboro, OR 97123

971.223.6100 fax: 503.648.4175

ccrr@caowash.org

Reflection Paper

Space to Grow

Creating a Child Care Environment for Infants and Toddlers

Name: _____

Circle one: Center Child Care
Family Child Care

Address: _____

City: _____

Zip: _____

Phone: _____

Mail completed reflection and \$10 to:

CCR&R in Washington &
Columbia Counties
Community Action
1001 SW Baseline St
Hillsboro, OR 97123

1. List the 8 fundamental conditions that encourage a quality infants and toddlers environment:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

2. What are the 3 recommendations in building a positive, trusting and intimate relationship with each child?

- 1.
- 2.
- 3.

3. Which of the following is the correct ratio of bleach to water?

- a. 1 tablespoon bleach/quarter water
- b. $1 \frac{1}{2}$ tablespoon bleach/quarter water
- c. $\frac{1}{2}$ cup bleach/1 gallon of water
- d. $\frac{1}{2}$ cup bleach/1 gallon of water



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4. Health is a fundamental issue when caring for infants and toddlers. Both children and adults must be protected from infections and illness. Name 3 things that will prevent the environment from infections and illness:

- 1.
- 2.
- 3.

5. Which of the following is true?

- a. Comfort will help children to feel at home, secure and help children to explore.
- b. Comfort will help children to feel good.
- c. Comfort will help children to feel good without stress
- d. All of the above

6. What temperature should the water heater be kept at for hand washing?

- a. 110°F
- b. 115°F
- c. 120°F
- d. 125°F

7. What temperature should the water be for washing toys and dishes?

- a. 120°F
- b. 130°F
- c. 135°F
- d. 140°F

8. Toddlers will move whether or not moving is safe. They constantly try new movement skills and explore their independence. Name 5 recommendations to encourage infants' and toddlers' safe movement:

- 1.
- 2.
- 3.
- 4.
- 5.



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9. Name some ways that will help you bring a harmonious, relaxing, and comfortable environment that allows infants, toddlers and caregivers to function without stress:

10. Briefly describe why is important to do children observations and how this observation will help you to create a rich environment for infants and toddlers.



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Activity

Observe children playing in any area of your child care setting for 30 minutes. Take notes the entire time.

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Date: _____ Time: _____

Activity: _____ Setting/Location: _____

Based on your observations, make a room plan. Be sure to add some changes that you

would like to do at your child care setting to improve your environment.



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View & Reflect Evaluation

Overall, how would you rate the content of the video?

☐ Poor ☐ Fair ☐ Good ☐ Excellent

Please rate your experience with this format for learning.

☐ Poor ☐ Fair ☐ Good ☐ Excellent

Please rate the ease of obtaining the video and reflection materials from the library.

☐ Poor ☐ Fair ☐ Good ☐ Excellent

If you needed assistance completing this training, did you call Child Care Resource & Referral for help?

☐ Yes ☐ No

If yes, did you get the assistance that you needed?

☐ Yes ☐ No

Please share any comments you have about this video training.
